

Wear your mask properly to protect your loved ones from the risk of corona infection.

► Importance of properly wearing a face mask

Recently, there is a probability for corona virus to spread again in various parts of Japan. There have been reports of sequelae or aftereffect of the disease. So, just because someone is completely cured doesn't mean he or she is safe. Wear a face mask properly to prevent droplet infections, not only to protect yourself but also to protect your beloved friends and family. In order to utilize the face mask, it is important to wear it properly by reducing the gap between the face and the mask.

► How to put on the face mask correctly

Anyhow, reduce the gap between the face and the mask. Be aware whether your mask fits your face. Determine which side of the mask is the front and back.

- ① The front and back side of the mask vary depending on the manufacturer. Generally, the side with the pleats (folds) facing downwards is the outside.
- ② Information such as the colored one and the adhesive surface of the elastic cord is the inside etc. is written on the box so please confirm.
- ③ Bend the nose wire while making a curve.

Be careful not to fold it in half. Bend it in a way that it would shape like a loose W. Fold not only the wire but also the fiber part of the mask.

(Can be adjusted to fit better) Please note that if it becomes too triangular, it will lead to leakage.

- ④ Turn the nose wire up. Put it on both ears as you hold the mask (leveled on your mouth).

Place the wire on your nose, mold the edge to the shape of your nose, and spread the pleats down to cover your chin completely. Make sure that the edges of the mask are in close contact with your face so that there are as few gaps as possible. Be careful not to put your hair or beard in between, as it will create a gap in the mask.

- ⑤ Make a final check for any gaps.

► How to remove the mask correctly

- ① Hold the elastic cord and remove it.

There is a possibility that a virus etc. is attached to the mask after use.

Therefore, when removing the mask, do not touch the surface and hold the elastic cord instead.

- ② Close your mouth, put the used mask in a plastic bag and throw it away.

- ③ Wash your hands thoroughly with soap.

Is there a gap between the nose and the mask?
Is there a gap between the cheeks and the mask?
Is my chin completely covered?
More importantly, check these three points carefully.